

"Be entwined as one  
with the Lord ... keep  
on waiting- *for he will  
never disappoint you!*"

Psalms 27:14 TPT

## Previous Comments

*Spending time in silence in the beautiful gardens; a good balance of being led in reflections & time to reflect by myself.*  
[Mary]

*The gift of space to pause & meet with God, with the gentle leading of the teaching material.* [Cassandra]

*Barbara is a great host - very caring & sensitive. Loved the opportunity to be creative.* [Karen]

*It was a beautiful, rich, uplifting, healing.*  
[Linda]

## About the Facilitator

**Barbara Harry ...**

has a nursing and pastoral care background and loves to encourage people to meet with Yeshua, the Healer and Restorer of our soul.

The vision of Refreshing Days has been birthed out of Barbara's own journey from burnout and betrayal.

Barbara has facilitated a number of Refreshing workshops for women during the past 27 years, in Wellington, Auckland and Hamilton. Two weekend Workshops were held at Titoki Healing Retreat Centre, Whakatane, September 2025, repeated in February, 2026.

From 2023 to 2025 Barbara enjoyed facilitating an online Art-in-Mission, and two condensed Refreshing sessions for an international mission organization.

---

### Refreshing Streams Ministries

Portable workshops —  
day/weekend retreats for women  
or Christian leadership groups.



#### Refreshing / Artisan Workshop Facilitator

Barbara Harry

33 Hart Rd, RD3

HAMILTON 3283, NZ

**Mob:** +64 21 123 7582

**Email:** [office@refreshingstreamsministries.org](mailto:office@refreshingstreamsministries.org)

**Website:** [www.refreshingstreamsministries.org](http://www.refreshingstreamsministries.org)

*Refreshing Streams  
Ministries*

*Refreshing Day*



*Saturday*

*14 November, 2026*

---

*This day will change your life*

## Do you long for

- \* Time out?
- \* Inspiration?
- \* Contemplation?
- \* Company of like-minded pilgrims?
- \* Time alone with Yeshua/Jesus?

On: Saturday 14 November, 2026

From: 9.45am to 4pm

At: **NGARUAWAHIA**

*(Address will be given on registration)*

Cost: \$70.00 includes a \$20 non-refundable Booking fee  
(No Eftpos)

Contact Barbara if you'd like to give  
or receive sponsorship  
(See Registration form)

*"Come aside with Me  
and take a break."  
[Yeshua].*

[Mark 6:32 paraphrased]

## Concept of a Refreshing Day

A small group of women meet in relaxing surroundings. This is a personal journey, alongside others.

The teachings use the image of the soul waiting for & being transformed by, our Creator Redeemer – Yeshua /Jesus Christ.  
*There will be opportunity for prayer ministry.*

A variety of basic artistic supplies will be available; refreshments provided. Photographs will be taken for Barbara's website, with your permission.

### CONTENT can include:

- ⇒ Inspirational talks relating to a theme
- ⇒ Creative expression
- ⇒ 'Soaking' in Yeshua/Jesus's Presence
- ⇒ Silence
- ⇒ Communion
- ⇒ Voluntary group interaction & activities
- ⇒ Barbara's parable books for purchase

*It is strongly recommended that participants plan to be available for the full workshop.*

## What to Bring

- BYO lunch
- Bible, pen, paper & journal
- A hunger to meet with Yeshua/Jesus



### REGISTRATION Form

Name .....

Address .....

Phone No. ( ) ..... Email .....

Date of workshop ..... Amount enclosed \$ ..... via cash / internet Banking

**Westpac Bank Acc no. 03-1557-0441385-002 Account Name: Barbara J. Harry**

Email: office@refreshingstreamsministries.org OR Post to: Refreshing Streams Ministries  
Mob: +64 21 123 7582 33 Hart Road, RD 3  
HAMILTON, 3283, NZ

**RSVP by 1 week prior to workshop – limited numbers**

**I would like to SPONSOR \$\_\_\_\_\_ to allow others to attend a workshop via cash / internet Banking**