

*“Come aside with Me
and take a break.”
[Yeshua].*

[Mark 6:32 paraphrased]

Endorsements

For me it was the most meaningful one-day retreat I have been on! [Christine]

... His Presence – being away and focused on Him ... Gentle, soothing, enabling time and space to be intimate with God. [Clare]

Such a stunning setting. The gift of space to pause & meet with God, with the gentle leading of the teaching material. [Cassandra]

Treat yourself!

“Are you weary, carrying a heavy burden? Come to me. I will refresh your life, for I am your oasis. Simply join your life with mine. Learn my ways and you'll discover that I'm gentle, humble, easy to please. You will find refreshment and rest in me. For all that I require of you will be pleasant and easy to bear.” [Yeshua]

Matthew 11:28-30 TPT

Refreshing Streams Ministries

Refreshing workshops are portable –
a day / weekend for women
Christian artisans or
modified for Christian leadership groups
— contact Barbara.



Refreshing / Artisan Workshop Facilitator

Barbara Harry

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Website: www.refreshingstreamsministries.org



REFRESHING 2026

WORKSHOP

A day aside to be refreshed in Yahweh God's presence, journeying alongside others

- ⇒ A small group of women
- ⇒ Christian artisans or
- ⇒ Church leadership groups

Need refreshing?

Refreshing Workshops for 2026

February: 13-15: Titoki Centre Weekend

February 28: Ngaruawahia Day

For details, see individual brochure/website

Would you like to host one?

If so, contact Barbara

Who is the FACILITATOR?

Barbara Harry ...

has a nursing and pastoral care background and loves to encourage people to meet with Yeshua/Jesus, the Healer and Restorer of our soul.

The vision of the *Refreshing* workshops has been birthed out of Barbara's own journey from burnout and betrayal.

Barbara has facilitated a number of *Refreshing* workshops during the past 27 years, in Wellington, Auckland and Hamilton.

"I trust Him to bring those who are needing to come, and am encouraged by the way He encounters each individual, knowing the journey will continue long after."

Barbara hopes to train other facilitators; a trainer's manual is in process.

A REFRESHING Workshop. What is it?

A small group of women from a variety of networks, or a common interest group, are invited to come aside for a day, usually 9.45am to 4pm.

In the relaxing, reflective environment one is encouraged to take a personal journey with Yeshua / Jesus, the 'Refresher' of our soul.

Barbara also facilitates Weekend workshops. In 2023—2025 she enjoyed facilitating an online Art-in-Mission and a condensed Refreshing sessions for an international mission organization.

CONTENT can include:

- ⇒ **Inspirational talks relating to a theme**
- ⇒ **Supplementary questionnaire**
- ⇒ **'Soaking' in Yeshua/Jesus's Presence**
- ⇒ **Communion**
- ⇒ **Creative expression**
- ⇒ **Silence**
- ⇒ **Voluntary group interaction and activities**
- ⇒ **Barbara's parable series available for purchase**

BRING: Expectancy, own lunch, Bible, journal, current creative project, if preferred.

COST: \$70 per person, including a **non-refundable \$20 Booking fee**. Resources and refreshments provided.

SPONSORSHIP: Financial sponsorship is welcome. (See *Expression of Interest* form)

EXPRESSION OF INTEREST Form

Name
Address
Phone No. () Email

Date of workshop
Amount enclosed \$ cash / internet banking (Circle)

Westpac Bank Account No. 03-1557-0441385-002 **Account Name: Barbara J. Harry**
OR
Post to: Refreshing Streams Ministries
[Please email request for address]

Email: office@refreshingstreamsministries.org OR
Mob: +64 21 123 7582

SPONSORSHIP OFFER

I would like to sponsor \$ _____ to allow others to attend a workshop: Paid via cash / internet banking (Circle)