

“I delight to fulfill your will, my God, for your living words are written upon the pages of my heart.”

Psalm 40:7 TPT

Previous Comments

Have loved having space to open to God to receive from Him [Joy]

Such an incredible day. You facilitate this day so well. [Anna]

Barbara is a great host - very caring & sensitive. Loved the opportunity to be creative & also have lots of spaces to sit & be quiet [Karen]

This day will change your life

About the Facilitator

Barbara Harry ...

has a nursing and pastoral care background and loves to encourage people to meet with Yeshua, the Healer and Restorer of our soul.

The vision of Refreshing Days has been birthed out of Barbara's own journey from burnout and betrayal.

Barbara has facilitated a number of Refreshing workshops for women during the past 26 years, in Wellington, Auckland and Hamilton. A weekend Workshop was held at Titoki Healing Retreat Centre, Whakatane, Sept. 2025, to be repeated in February, 2026.

In 2023 & 2024 Barbara enjoyed facilitating an online Art-in-Mission & a condensed Refreshing session for an international mission organization.

Refreshing Streams Ministries

Portable workshops –
day/weekend retreats for women
or Christian leadership groups.



Refreshing / Artisan Workshop Facilitator

Barbara Harry

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Email: office@refreshingstreamsministries.org

Website: www.refreshingstreamsministries.org

Refreshing Streams
Ministries

Refreshing Day



Heart Matters

Saturday
1st November, 2025

Do you long for

- * Time out?
- * Inspiration?
- * Contemplation?
- * Company of like-minded pilgrims?
- * Time alone with Yeshua/Jesus?

On: Saturday, 28 June 2025

From: 9.45am to 3.00pm

At: NGARUAWAHIA
[Details given on request]

Cost: \$35.00 or koha (No Eftpos)

Contact Barbara if you'd like to
give or receive sponsorship
(See Registration form)

*"Come aside with Me
and take a break."
(Yeshua).*

[Mark 6:32 paraphrased]

Concept of a Refreshing Day

A small group of women meet in relaxing surroundings. This is a personal journey, alongside others.

The teachings use the image of the soul longing for THE Healer and Restorer—Yeshua /Jesus Christ. There will be opportunity for prayer ministry.

A variety of basic artistic supplies will be available; refreshments provided. Photographs will be taken for Barbara's website, with your permission.

CONTENT can include:

- ⇒ **Inspirational talks relating to a theme**
- ⇒ **Creative expression**
- ⇒ **'Soaking' in Yeshua/Jesus's Presence**
- ⇒ **Silence**
- ⇒ **Communion**
- ⇒ **Voluntary group interaction & activities**
- ⇒ **Barbara's parable books for purchase**

It is strongly recommended that participants plan to be available for the full workshop.

What to Bring

- BYO lunch
- Bible, pen, paper & journal
- A hunger to meet with Yeshua/Jesus

REGISTRATION Form

Name
Address
Phone No. ()
Email
Date of workshop
Amount enclosed \$ via cash / internet Banking

Westpac Bank Acc no. 03-1557-0441385-002 Account Name: Barbara J. Harry

Email: office@refreshingstreamsministries.org OR Post to: Refreshing Streams Ministries
33 Hart Road, RD 3
HAMILTON, 3283, NZ
Mob: +64 21 123 7582

RSVP by 1 week prior to workshop — limited numbers

I would like to SPONSOR \$ _____ to allow others to attend a workshop via cash / internet Banking