

*“Come aside with Me
and take a break.”
[Yeshua].*

[Mark 6:32 paraphrased]

Endorsements

Such an incredible day. You facilitate this day so well. [Anna]

... His Presence – being away and focused on Him ... Gentle, soothing, enabling time and space to be intimate with God. [Clare]

Thank you again; every word you presented was just life-giving, and you have such a talent to bring YHWH's presence to the creativity. [M.M]

Treat yourself!

*“Are you weary, carrying a heavy burden?
Come to me. I will refresh your life, for
I am your oasis. Simply join your life with
mine. Learn my ways and you'll discover
that I'm gentle, humble, easy to please.
You will find refreshment and rest in me.
For all that I require of you will be
pleasant and easy to bear.” [Yeshua]*

Matthew 11:28-30 TPT

Refreshing Streams Ministries

Refreshing workshops are portable –
a day / weekend for women
Christian artisans or
modified for Christian leadership groups
– contact Barbara.



Refreshing / Artisan Workshop Facilitator

Barbara Harry

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Email: office@refreshingstreamsministries.org

Website: www.refreshingstreamsministries.org



REFRESHING 2025

WORKSHOP

A day aside to be refreshed in Yahweh God's presence, journeying alongside others
⇒ A small group of women
⇒ Christian artisans or
⇒ Church leadership groups

Need refreshing? Time out?

Refreshing Workshops for 2025

Would you like to host one?
If so, contact Barbara

For details, see individual brochure/website

Who is the FACILITATOR?

Barbara Harry ...

has a nursing and pastoral care background and loves to encourage people to meet with Yeshua/Jesus, the Healer and Restorer of our soul.

The vision of the *Refreshing* workshops has been birthed out of Barbara's own journey from burnout and betrayal.

Barbara has facilitated a number of *Refreshing* workshops during the past 26 years, in Wellington, Auckland and Hamilton.

"I trust Him to bring those who are needing to come, and am encouraged by the way He encounters each individual, knowing the journey will continue long after."

Barbara hopes to train other facilitators; a trainer's manual is in process.

A REFRESHING Workshop. What is it?

A small group of women from a variety of networks, or a common interest group, are invited to come aside for a day, usually 9.30am to 3pm.

In the relaxing, reflective environment one is encouraged to take a personal journey with Yeshua / Jesus, the 'Refresher' of our soul.

Barbara also facilitates *Artisan Extravaganza* workshops. In 2023 & 2024 she enjoyed facilitating an online Art-in-Mission & a condensed Refreshing session for an international mission organization.

CONTENT can include:

- ⇒ Inspirational talks relating to a theme
- ⇒ Supplementary questionnaire
- ⇒ 'Soaking' in Yeshua/Jesus's Presence
- ⇒ Communion
- ⇒ Creative expression
- ⇒ Silence
- ⇒ Voluntary group interaction and activities
- ⇒ Barbara's parable series available for purchase

BRING: Expectancy, own lunch, Bible, journal, current creative project, if preferred.

COST: The participants are asked to pay towards venue and resources; refreshments provided.

SPONSORSHIP: Financial sponsorship is welcome. (See *Expression of Interest* form)



EXPRESSION OF INTEREST FORM

Name

Address

Phone No. () Email

Date of workshop Amount enclosed \$ cash / internet banking (Circle)

Westpac Bank Account No. 03-1557-0441385-002 Account Name: Barbara J. Harry

Email: office@refreshingstreamsministries.org OR Post to: Refreshing Streams Ministries

Mob: +64 21 123 7582

[Please email request for address]

SPONSORSHIP OFFER

I would like to sponsor \$ _____ to allow others to attend a workshop: Paid via cash / internet banking (Circle)